

Put Your Hands Up

Musik: Planetshakers - Album Limitless **Level: Advanced**
 Choreo: Carolina Hornke, carolina@hornke.de **Time: 3:34**
 Taught at the 20th ECTA Clog Convention in Bad Kreuznach
 Sequence: **ABC Bridge ABCC DEF CC***
 start after **32** beats

Part A

High Sam RS DT(xif) H DT(unx) H RS BA/H UP/SL DS DS DS
 LR L R L R LR L R L R
 &1 & 2 & 3 &4 & 5 &6 &7 &8

RS RS DR S DR S RS DS DS RS **move fwd on beats 1-2**
 LR LR R L L R LR L R LR
 &1 &2 & 3 & 4 &5 &6 &7 &8

Joey DS BA(xib) BA(ots) BA(ots) BA(xib) BA(ots) S
 L R L R L R L

Mountain Goat DS BA(xif) BA(xib) BA(ots) BA(xif) BA(xib)/H(if) UP/SL
 R L R L R L R L
 &1 & 2 & 3 & 4

Rock Slur Brush RS SLR S(xib) RS BR UP/H
short RL R R LR L L R
 &1 & 2 &3 & 4

Heel Jump DT BO/H(if) BO/H(if) BO/H(if) BO/H(if) UP/SL
 L L R R L R L R
 & 1 2 3 & 4

Part B

both hands in the air, palms facing sky
 Gallop DS H(if) FLP S H(if) FLP S H(if) FLP S
 L R R L R R L R R L
 &1 & a 2 & a 3 & a 4

Glory TnDN DS TnDN RS
 RLRR L RLRR LR
 e&a1 &2 e&a3 &4

Drag Heel Turn DR S DR S R H(w) **(full turn R)** S S RS S S
 R L L R L R L R LR L R
 & 1 & 2 & 3 4 5 &6 7 8

Part C

Shout BO DR UP/SL DS DS(xib) RS RS KK UP/SL RS
 bt bt R L R L RL RL R R L RL
 1 & 2 &3 &4 &5 &6 & 7 &8

And Sing BO S DS DS BA(ots) BA(xib) BA(ots) BA(xif)
 bt R L R L R L R
 1 2 &3 &4 & 5 & 6

BA(ots) BA(xib) BA(ots) S(xif)
 L R L R
 & 7 & 8

McNamara H(ots) BA BA(xib) BA(ots) H(ots) BA S(xib)
 L L R L R R L

Quick Turkey H(ots/w) FLP S S H(ots/w) FLP S
 R R L R L L R
 1 & 2 & 3 & 4

Triple Click DS DS DS HOP/CLK(H)
 L R L L bt
 &1 &2 &3 &4

Push Back DS RS RS RS **move bw**
 R LR LR LR

Put Your Hands Up continued

Sequence: ABC Bridge ABCC DEF CC*

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Bridge

Cramp Roll BA BA H H
L R L R
& + + 1

3 Shuffle DR SL point R index finger to sky and let it
both describe a circle over & beside your head
& 1 on each beat

Part D

8 Randy S S S H H H H H H
L R L R L R L R L
& a 1 e & a 2 + + 3 + + 4

with partner:

**L partner turns 1/4 R on the 3 "Steps" of the 1st, 3rd, 5th, 7th "Randy",
R partner turns 1/4 L, so that they pass each other in a box**

Part E

3 Hands Up DS DS(xif) DS DS(xib) DS TH TH S turn 1/2 R on beat 4-5
L R L R L R L R
&1 &2 &3 &4 &5 &6 &7 8

raise L arm on beat 6, R arm on beat 7, palm facing front

do 3rd "Hands Up" without turn

2 Short Hands DS T H T H S
L R R L L R
&1 & 2 & 3 4

raise L arm on beat 2, R arm on beat 3, palm facing front

Part F

2 Angie DS DT(xif) H DT(unx) H BA(ots) S SLR S (xib) RS DS RS
L R L R L R L R R LR L RL
&1 & 2 & 3 & 4 & 5 &6 &7 &8

Fancy Run DS DS(xif) BA(ots) BA(xib) BA(ots) S
L R L R L R
&1 &2 & 3 & 4

Push Turn DS RS RS RS full turn L
L RL RL RL
&1 &2 &3 &4

repeat "Fancy Run", "Push Turn" - opposite footwork

Part C*

Shout BO DR UP/SL DS DS(xib) RS RS KK UP/SL RS

And Sing BO S DS DS BA(ots) BA(xib) BA(ots) BA(xif)
BA(ots) BA(xib) BA(ots) S(xif)

McNamara H(ots) BA BA(xib) BA(ots) H(ots) BA S(xib)

Quick Turkey H(ots/w) FLP S S H(ots/w) FLP S

Triple Click DS DS DS HOP/CLK(H)

Push Back DS RS RS RS move bw

then add

Triple Click DS DS DS HOP/CLK(H)

Push Turn DS RS RS RS turn 1/2 L

repeat "Triple Click" , "Push Turn 1/2 L"

then add

Triple Click DS DS DS HOP/CLK(H)

Push Turn DS RS RS RS full turn L

Step

Sequence: ABC Bridge ABCC DEF CC*

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Cuecard

Put Your Hands Up

wait 32 beats

- A:** High Sam, Joey, Mountain Goat, Rock Slur Brush **short**, Heel Jump
- B:** Gallop, Glory, Drag Heel Turn
- C:** Shout, And Sing, McNamara, Quick Turkey, Triple Click, Push Back
- Bridge:** Cramp Roll, 3 Shuffle
- A:** High Sam, Joey, Mountain Goat, Rock Slur Brush **short**, Heel Jump
- B:** Gallop, Glory, Drag Heel Turn
- C:** Shout, And Sing, McNamara, Quick Turkey, Triple Click, Push Back
- C:** Shout, And Sing, McNamara, Quick Turkey, Triple Click, Push Back
- D:** 8 Randy (**turn 1/4** on 1st, 3rd, 5th, 7th)
- E:** 2 Hands Up (**turn 1/2**), Hands Up, 2 Short Hands
- F:** 2 Angie, 2x (Fancy Run, Push Turn (**full**))
- C:** Shout, And Sing, McNamara, Quick Turkey, Triple Click, Push Back
- C*:** Shout, And Sing, McNamara, Quick Turkey, Triple Click, Push Back,
2x (Triple Click, Push Turn (**1/2**)), Triple Click, Push Turn (**full**), S